

FORT SAM HOUSTON News Leader

JULY 17, 2008 • VOL. #50, NO. #28

"HOME OF ARMY MEDICINE"

METC to consolidate enlisted medical training at Fort Sam

Story and photo by Elaine Wilson
Fort Sam Houston Public Information Office

A ceremonial groundbreaking for the Medical Education and Training Campus July 10 marked another step toward what leaders are calling the largest consolidation of training in the history of the Department of Defense.

Upon completion in 2011, the joint campus, led by tri-service leadership, will centralize all Army, Navy and Air Force basic and specialty enlisted medical training at Fort Sam Houston.

"With this institution becoming the largest in the world solely dedicated to medical training and education, San Antonio will be transformed into a national center for education and training," said keynote speaker Air Force Maj.

"Once complete, San Antonio will be the location where every enlisted military medic is trained."

— Air Force Maj. Gen. Melissa Rank, chair, METC Flag Officer Steering Committee

Gen. Melissa Rank, chair, METC Flag Officer Steering Committee. "Once complete, San Antonio will be the location where every enlisted military medic is trained."

A busy construction site provided a fitting backdrop for the ceremony with campus construction already under way.

See METC, P4



(From left) Maj. Gen. Russell Czerw, commander, Fort Sam Houston and Army Medical Department Center and School, and member, Medical Education and Training Campus Flag Officer Steering Committee; Air Force Maj. Gen. Melissa Rank, assistant Air Force surgeon general, and chair, METC Flag Officer Steering Committee; and Navy Rear Adm. Gregory Timberlake, member, METC Flag Officer Steering Committee, participate in the METC groundbreaking ceremony July 10 at the future site of the tri-service enlisted medical training campus.

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FROM HOME



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Concert to celebrate Army in San Antonio

The Fort Sam Houston community is invited to a patriotic concert at the Staff Post Road gazebo July 27 that will feature the Army Community Covenant ceremony recognizing the 163-year-old heritage of San Antonio community support to Soldiers and their Families. Lt. Gen. Thomas Turner, Army North commander, will host the Army Community Covenant ceremony with civic leaders at 6:45 p.m. prior to the Army Medical Command Band concert that begins at 7 p.m.

Extravaganza welcomes Fort Sam newcomers

Story and photo by Cheryl Harrison
Army Community Service
Marketing Specialist

For military members and their Families a permanent change of station can be unsettling, overwhelming and confusing if the new post, base, city or town is in an unfamiliar area. In an effort to make the transition to Fort Sam Houston a bit easier, the Army Community Service Relocation Assistance Program holds a monthly



The Army Community Service Newcomers' Extravaganza, held monthly, offers Soldiers, Family members and civilian employees the opportunity to gather information, meet local business representatives, gather pamphlets, and learn about their new home at Fort Sam Houston and San Antonio.

Newcomers' Extravaganza.

The extravaganza is an opportunity to learn about Fort Sam Houston and the San

Antonio area as well as meet representatives from many dif-

See WELCOME, P7

32nd Med. Bde. welcomes new commander

By Elaine Wilson
Fort Sam Houston Public Information Office

Col. Randall Anderson assumed command of the largest training brigade in the Army, the 32nd Medical Brigade, from Col. John Cook Friday during a ceremony at MacArthur Parade Field.

In his opening remarks, Maj. Gen. Russell Czerw, commanding general, Fort

See 32ND MEDICAL, P16

VISIT NEWS LEADER ONLINE: WWW.SAMHOUSTON.ARMY.MIL/PAO/DEFAULT.HTML

DoD program informs overseas voters

By Staff Sgt. Michael J. Carden
American Forces Press Service

Make it count

The following tips can help ensure absentee votes are counted:

- Start by contacting your voting assistance officer for help in absentee registration and voting.
- Visit the Federal Voting Assistance Program Web site at www.fvap.gov for information on the absentee registration and voting process.
- Ensure you have applied for an absentee ballot using the hard copy or online versions of the Federal Post Card Application.
- Make sure your local election official has your current mailing address.
- Sign and date all election materials.
- Fulfill your state's witness/notary requirements (if required).
- Ensure that your ballot or FPCA is postmarked.
- Register to vote and request your ballot in a timely manner — no later than September.
- VOTE - mail your ballot no later than Oct. 15 of the election year.
- Use the Federal Write In Absentee Ballot if you are overseas and your state absentee ballot does not arrive in time to be mailed back by the state's deadline.

(Source: FVAP Web site, www.fvap.gov)

This year is particularly important because of the U.S. presidential election approaching in November, Wiedmann noted. "Every vote

counts, and a vote in the U.S. people need to take advantage of it," he said. "Not to

diminish the importance of any other country, but certainly, a vote for the U.S. president will have its effect on many issues. Policy decisions made by the U.S. government do have an effect on many other countries around the world."

Military members, especially, should take advantage of their vote, he said. "Their daily lives, their income, their living conditions and their retirement benefits are decided by Congress. So, they should certainly have a choice in who's representing them," he added.

Wiedmann encouraged people turning in absentee ballots to act as early as possible to ensure enough time for their ballots and registration requests to process. The earlier one starts the process, the more time election officials have to decide whether the applicant meets the jurisdiction requirements to vote, he explained. Early application allows enough time for such issues to be resolved, he added.

"As long as people get their ballot requests in at least 30 days before the election, no state will be too late," Wiedmann said. "Thirty days is the maximum timeline for registration and ballot requests."

The primary procedure for all 55 U.S. states and territories is to process registrations and ballots by mail, but many states are working with the Defense Department and allowing servicemembers and overseas voters to request by e-mail and fax, he said.

If voters don't receive their ballots in a timely manner, they can request backup ballots on the program's Web site as well as at every military installation and U.S. embassies worldwide, he added.

For more information on voting, to include the absentee voting process, visit <http://www.fvap.gov>.



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News Briefs

AMEDD Leader Training

Col. Jeffrey Haun, chief, leader training, Army Medical Department Center and School, will present a program on AMEDD Department Leader Training July 29 at 5 p.m. at the AMEDD Museum. The program will include details on training for new officers and training for current officers in the AMEDD and the Army today. Refreshments will be served. For more information, call 226-0265.

Pneumococcal Vaccine Week

Pneumococcal Vaccine Week will be held July 28 to Aug. 1. Brooke Army Medical Center beneficiaries should plan to attend and receive this life-saving vaccine. The disease can lead to serious infections of the lungs, blood and brain, and kills more people in the United States each year than all other preventable diseases combined. The vaccine is recommended for people age 65 and older who got their first dose when they were under 65, and as recommended by a primary care manager. For beneficiaries who have already received the vaccine, call Harold Little at 916-9418 to update records.

AMEDD Regiment anniversary

Maj. Gen. Russell Czerw, commander, Army Medical Department Center and School and Fort Sam Houston, and Command Sgt. Maj. Howard Riles will host a ceremony honoring the 233rd anniversary of the Army Medical Department Regiment Aug. 1 at 5 p.m. at the AMEDD Museum. All are invited to attend. Tickets are \$5. For tickets, call Staff Sgt. Erin Hicks at 221-7366.

Book signing

Retired Lt. Gen. Ricardo Sanchez will hold a book signing for his book, "Wiser in Battle," July 19 from 9 a.m. to 1 p.m. at the Fort Sam Houston Post Exchange.

Gate relocation

The Binz-Engleman Access Control Point will close the evening of Aug. 8 through the morning of Aug. 11 while contractors relocate the ACP to Schofield Road, near the fire station. The gate relocation will also affect access onto S-33 Road. People will no longer be able to access S-33 from Schofield Road starting Aug. 11. The gate relocation is a necessary measure to accommodate Base Realignment and Closure-related construction along Schofield Road.

'Sesame Street Experience'

Can you tell me how to get to Sesame Street? Stop by Army Community Service, Building 2797, Aug. 10 at 3 p.m. and Aug. 11 at 1 p.m. for the "Sesame Street Experience!" Sesame Street is partnering with United Service Organizations to bring the furry, fuzzy and friendly muppets to military Families across the country and at Fort Sam Houston. The free admission program is exclusively for military Families and their children. The 60-minute experience will feature a mini-show, giveaways and outreach materials. For more tour information, call 221-2418 or visit <http://www.sesameworkshop.org/tlc/>.

Change of Command

U.S. Army Garrison

Col. Wendy Martinson will relinquish command of the U.S. Army Garrison to Col. Mary Garr July 29 at 9 a.m. at the post flagpole on Stanley Road.

Institute of Surgical Research

The Institute of Surgical Research will hold a change of command July 23 at 11:30 a.m. in front of the Center for the Intrepid.

Home away from home

City of Boerne 'adopts' 338th Military Intelligence Battalion

Story and photos by Esther Garcia
Fort Sam Houston Public Affairs Office



(From left) Veterans of Foreign Wars Post 688 Commander Michael Valentine and Dan Heckler, mayor, City of Boerne, listen as Lt. Col. Fredrick Frances, commander, 338th Military Intelligence Battalion, thanks the city of Boerne for their support, and a town they can call their own.

It was perfect summer weather as members of the 338th Military Intelligence Battalion and their Families arrived in Boerne, Texas, for a summer celebration in their honor called Picnic in the Park.

The residents, business and community leaders from the City of Boerne, Veterans of Foreign Wars Post 688 and the Greater Boerne Chamber of Commerce joined together to host a summer picnic for their adoptive unit, the 338th MI Bn., June 29 at the Main Plaza, a community park complete with a gazebo located in downtown Boerne.

Tables were filled with a variation of traditional picnic fare from hot dogs to sausages to potato salad to watermelons prepared in their honor by business owners. From the gazebo, a band entertained the crowd with popular country music.

The City of Boerne adopted the 338th MI Bn., stationed at Camp Bullis, earlier this spring as part of the America Supporting Americans "Adopt a Unit" program.

Boerne, located in the hill country, is approximately 22 miles northwest of San Antonio.

Working closely with VFW Post 688 from Boerne, the goal is provide the

Soldiers and their Families with a home-away-from-home community to connect with during the next several months as the 338th MI Bn. prepares to deploy.

The Honorable Dan Heckler, mayor, City of Boerne, said, "They do so much for our country, we want to do something for them and make them feel a part of the community."

Spc. Edward Randall, B Company, 338th MI Bn., who is from Florida, said, "This is really great; makes me feel like I was at home."

Heckler said the whole town pitched

in to make the picnic a success.

Theresa Garza, a volunteer, said, "My Family supports our troops. I just want to give something back in this tiny way for our freedom."

The 338th MI Bn. was reactivated October 2007 to fulfill a congressional mandate as the Army Reserve's first Joint Interrogation and Debriefing Center Interrogations Battalion. It is designed to provide actionable intelligence to the warfighter through interrogation and counterintelligence collections operations. The battalion was christened the Black Bexar Battalion after their affiliation with a local group, the Black Bexar Pipe Band.



Boerne Berges Fest royalty Skylar Shrum, Kristen Johannsen, Paige Coy and Kristal Reser distribute bags customized by Flying Circle Bags to members of the 338th Military Intelligence Battalion.



Theresa Garza, a volunteer, serves Maj. Ryan Fairman, commander, A Company, 338th Military Intelligence Battalion, a plate of hot dogs and potato salad at the community hosted picnic in Boerne. "This is very nice, very thoughtful to have people who care about you while you are away from home," said Fairman.

METC, from P1

Fort Sam Houston is slated to gain five instructional facilities, six dormitories, an Air Force and Navy headquarters building, dining facility, gym and lighted troop walks. The six existing Army Medical Department Center and School buildings will become part of the training campus.

Several units will then join the AMEDDC&S here to include the 882nd Training Group, Sheppard Air Force Base, Wichita Falls, Texas; the Naval Schools of Health Sciences in San Diego and Portsmouth, Va.; the Naval Hospital Corps School in Great Lakes, Ill.; and the enlisted medical training mission at Walter Reed Army Medical Center, Washington, D.C.

METC's average daily student load is projected to be more than 9,000 and the support staff nearly 4,000.

"Today we celebrate a significant milestone in a proud history of professional military medicine," said Air Force Chief Master Sgt. Manuel Sarmina, chairman, METC Tri-Service Senior Enlisted Advisory Committee. "In the coming years, America's best and brightest will begin arriving here to

"In the coming years, America's best and brightest will begin arriving here to work and to train in an environment that will be known and recognized as a premier learning center for our joint enlisted medical force."

— Chief Master Sgt. Manuel Sarmina, chairman, METC Tri-Service Senior Enlisted Advisory Committee

work and to train in an environment that will be known and recognized as a premier learning center for our joint enlisted medical force."

Sarmina said the vision is to create a "collaborative, non-competitive learning environment ... that reflects, respects and preserves our separate service cultures.

"Our different service missions, skills and capabilities combined are strengths as we strive to shape a better force for the future," the chief said.

The nearly \$1 billion project, directed by Base Realignment and Closure 2005 legislation, is "by far the largest economic development project that has occurred in San Antonio to date," Rank said.

"The community will ben-

efit from tremendous economic opportunities and the military will benefit from the heightened emphasis on quality medical care for the American warfighters and their families," she said.

Rank said military leaders from each service will continue striving for excellence as the consolidated center turns from vision to reality. "In this project, we truly are beginning with the end in mind — achieving our vision of METC as the nation's leader in military medical education and training and the mission of graduating the world's best military health-care personnel to support the nation.

"We are stepping out with each endeavor as if the future of the armed forces depends on our getting it right," Rank said.



Sgt. Maj. Exerline Drumm, Medical Education and Training Campus senior enlisted adviser for the Army; Master Chief Edmundo del Castillo, METC senior enlisted adviser for the Navy, and enlisted Chief Master Sgt. Pierre Culver, METC senior enlisted adviser for the Air Force, represent the enlisted force as they break ground for the new consolidated enlisted medical campus.

DoD travelers gear up for travel card switch

By Samantha L. Quigley
American Forces Press Service

WASHINGTON — For Defense Department travelers, the more things change, the more they stay the same when it comes to the travel charge cards switch coming in November.

For 10 years, DoD travelers have used a Bank of America card while on official travel. As of Nov. 30, the card in everyone's pocket will be issued by Citibank, though that should be the only change travelers notice, the Defense Travel Management Office's chief of special programs and

outreach said during an interview today.

"The way the new Citi card will be used is exactly the same as the current Bank of America card," said Nina Richman-Loo. "The cardholder agreement is the same cardholder agreement that our travelers read and signed when they got their Bank of America card."

Citibank will offer some of the same features Bank of America cardholders are accustomed to, including an online payment option. In fact, aside from a different look, one of the only ways cardholders will realize a change is

occurring is when the new card arrives in August or September.

"The most important thing ... is, when travelers get the new card they need to call and verify receipt of it, because we're going to be tracking delivery of the cards," Richman-Loo said. "Then they should put the card away."

Don't get rid of the old card just yet, though. The Citibank cards aren't officially active until midnight Nov. 30. They should be put in a safe place, and travelers should continue using their Bank of America cards until 11:59 p.m. Nov. 29, she said. Personal identifica-

tion numbers for the new Citibank cards will arrive on or around Nov. 1.

Current Bank of America cardholders who have a balance on their account have a bit more work to do than other cardholders. They'll have to pay the full amount by Nov. 29. Any refunds also should be requested ahead of that date.

The only other possible snag would involve those on official travel when the switch from Bank of America to Citibank takes place. In that case, Richman-Loo suggests carrying both cards. "We are going to be providing much

information and specific instructions over the next several months to cover all the contingencies involved with that [situation]," she said.

Questions are sure to arise, so tens of thousands of agency program managers throughout the Defense Department who oversee the travel card program on the local level will have the answers, Richman-Loo said. Travelers who can't identify their local program manager should look to their agency's Web site or the Defense Travel Management Office's Web site for answers to frequently asked questions, she said.

2008 Soldier Show draws rave reviews

By Ben Paniagua
Hacienda Recreation Center

The 2008 Soldier Show drew about 2,500 Soldiers, Families, retired military, wounded warriors and community members to the Scottish Rite Auditorium in San Antonio July 8.

The audience included 1,500 Advanced Individual Training and Initial Entry Training Soldiers, who were bussed to the venue.

"This was the best audience we have had on the tour this year," said Sgt. 1st Class Johnny Stewart, noncommissioned officer in charge of the Soldier Show. "You could tell by their response that they really enjoyed it. Far better than any other installation we have been to."

The show, presented by the U.S. Army Family and Morale, Welfare and Recreation Command, included musical performances that ranged from country and western to pop. Some highlights of the program included a song and dance routine to Michael Jackson's "Thriller;" a solo vocal performance of Keisha Cole's "I Remember," by Spc. Shirley Dirden from Yongsan, Korea; and "Hey There Delilah," performed by 1st Lt. David Drew from Fort Hood, Texas.

"The show was electrify-



Courtesy photo

Performers from the 2008 Soldier Show wow the audience with a rendition of Michael Jackson's "Thriller."

ing," said Col. Wendy Martinson, commander, U.S. Army Garrison Fort Sam Houston, who gave the closing remarks. Martinson presented a specially designed plaque to the cast and crew in appreciation for their hard work.

Featured in the finale was a Soldier from Fort Sam Houston. During this tour, a Soldier from each installation is allowed to sing one full verse during the finale. The

Soldier, Staff Sgt. Connie Holland, B Company, Brooke Army Medical Center, gave a stirring rendition of "Go the

Distance" by Michael Bolton. She was selected to be in the finale by Morale, Welfare and Recreation entertainment specialists at Fort Sam Houston.

Using the theme, "For the Soldier, by the Soldier," the U.S. Army Soldier Show follows a tradition that was started by Irving Berlin during World War I. The modern version of the show began in 1984. Over a 25-year span, the Soldier Show has performed for tens of thousands of Soldiers and their Families throughout the Army to rave reviews for its outstanding talent and production values.

The show tours every Army installation in the United States and this year it will travel to Europe. Next year, the show will visit Asia.

Talented Soldiers are encouraged to audition for this prestigious show. For an audition, call Ben Paniagua at 224-7250 or e-mail ben.paniagua@us.army.mil.

Army program offers unique way to say 'thanks'

Freedom Team Salute offers Soldiers a heartfelt way to say "thank you" to their parents and spouses. The program also honors millions of Army veterans who served with distinction, and employers for their support and sacrifices.

The program produces and distributes commendations to four categories of people:

- Parents and spouses: Active duty, National Guard and Army Reserve Soldiers can honor their parents and spouse.
- U.S. Army veterans: Anyone discharged from the U.S. Army is eligible.
- Employers: National Guard and Army Reserve Soldiers can honor their employer.

The program is free of cost and anyone is welcome to nominate a deserving individual or group. Commendations may be mailed directly to the recipient or to the person submitting the commendation.

Freedom Team Salute also sponsors a formal network of ambassadors who help thank the nation's U.S. Army veterans and who assist in promoting Freedom Team Salute on and around U.S. Army installations.

For more information about the ambassador

See THANKS, P7



Courtesy photo

Ben Paniagua, manager, Hacienda Recreation Center, is presented the Freedom Team Salute Award by Sgt. 1st Class Timothy Harris, 32nd Medical Brigade Equal Opportunity adviser, for his outstanding support of U.S. Army Soldiers.

Did you know?

Did you know that when people say, "the old hospital," they may not just be talking about Building 1000, former home of Brooke Army Medical Center? There were actually several "old hospitals" at Fort Sam Houston. Building 1000, referred to as "old BAMC," was built in 1937 and was called "the new Station Hospital" even though it was, in all but name, a general hospital.

Before building 1000 was constructed, the Camp Travis Base Hospital stood on that site. The Base Hospital was a 4,300-bed hospital complex in temporary buildings, built in 1917. Some of its buildings were converted to family quarters in the 1920s and the site



Courtesy photo

The New Station Hospital, Building 1000, under construction in 1936.

was cleared in the 1930s to make way for the new Station Hospital.

Before the Base Hospital was constructed to serve Camp Travis, the Station Hospital in the 2000 area served the medical needs of Fort Sam Houston.

Construction of the Station

See DID YOU KNOW, P9

THANKS, from P6

program, e-mail ftsambassador@hqda.army.mil.

Honoring someone is easy. Just visit www.freedomteamsalute.com to complete an online commendation form. Commendation cards are also available by calling 703-325-3941.

Every honoree receives an official commendation package that includes:

- Official Army lapel pin (mounted on a card)
- Official Army decal

- Certificate of Appreciation signed by both the chief of staff and the secretary of the Army
- Letter of Thanks signed by both the chief of staff and the secretary of the Army

For more information about Freedom Team Salute, e-mail fts@freedomteamsalute.mil or visit <http://www.freedomteamsalute.com>.

(Source: Freedom Team Salute Information Paper)

For more information on Freedom Team Salute, see Page 12.

WELCOME, from P1

ferent organizations, programs and businesses.

The extravaganza is a full morning of information, questions and answers, good food, and the chance to win prizes. The activities offer a great way to participate in giveaways, drawings, social events and registration.

The Newcomers' Extravaganza is mandatory for all permanent party in-processing Soldiers, lieutenant colonel and below, within 60

days of arrival to Fort Sam Houston. Family members and civilian employees are encouraged to attend as well.

The next Newcomers' Extravaganza will be held July 29 from 9:30 to 11 a.m. at the Sam Houston Club. Plan to come early, enjoy hot coffee, fruit and pastries, meet other new folks to Fort Sam, and stay to possibly win a giveaway.

For more information, call the ACS Relocation Assistance Program at 221-2705 or 221-2418.

Garrison employees receive recognition at ceremony

Story and photo by Minnie Jones
Fort Sam Houston Public
Information Office

Employees of the U.S. Army Garrison Fort Sam Houston received awards and recognition during a first-ever garrison quarterly awards ceremony, July 9 at the Sam Houston Club.

Col. Wendy Martinson, garrison commander, hosted the event along with Command Sgt. Maj. Shawn Barnes.

In her opening remarks, Martinson thanked the garrison employees for their dedication, hard work and service to the U.S. government.

"It is really an exciting day

for me. We are going to recognize a few of the folks that have done outstanding work, but rest assured that I recognize that every one of you, on a day-to-day basis, do what is right for Soldiers, Families, Fort Sam Houston and the Army," said Martinson.

The following individuals and organizations received recognition and are listed in the order of presentation:

Certificate of Appreciation Fuerzas Comando 2008

Army Medical Command Band, Camp Bullis Dining Facility, Camp Bullis Range Maintenance, Camp Bullis

Range Control, Fort Sam Houston Outdoor Recreation, Central Issue Facility, and the Directorate of Plans, Training, Mobilization and Security.

Commander's Award for Civilian Service

Officers Michael Barlow, Amy Butler, Stephen Harris, Tad Robertson and Jerry Walters

Achievement Medal for Civilian Service

Officers Carmen Diaz, Stephen Harris, Garry Moore, Brandon Hoyle and Eric Murberg

See AWARDS, P9



Col. Wendy Martinson presents Fort Sam Houston Aquatic Center's Lead Lifeguard Jason "Cody" Oswald with a U.S. Army Guardian Award from the Army Safety Center on July 9 at the Sam Houston Club during the Garrison's awards ceremony. Oswald was presented this award for his heroic action to prevent a drowning at the Aquatic Center in 2007.

AWARDS, from P8

Certificates of Achievement

Bogdan Taradejna

Promotions Award

Donald Akins, Gregory Belnap, David Brigham, William Burton, Jose Calderon, Juan Campos, Cleve Carroll, Robert De La Rosa, Craig Gann, Volkmer Garcia, Morris Hayes, Christopher Histed, Ricardo Juarez, Valentine Luna, Francisco Martinez, Johnny Martinez, Felipe Ramos, Nathan Repogle, Roberto

Rivera, Gene Rodriguez, Irwin Stuart, John Vega and Albert Wiatrek

Length of Service Awards

10 Years - Thomas Gayer-Brindisi and Ismael Melendez

20 Years - Sherry Blake, Teresa ElHabr, Morris Hayes, Terry Read and Roberto Rivera

25 Years - Clarence Calderon, Dianna Carroll, Richard Gannaway and James Johnson

30 Years - Ruben Amador, David Brigham, Rotary Green and Lawrence Pribyla

Certificates of Appreciation

Clarence Anderson, Claudio Arzola, Michael Ball, Daniel Barton, James Butler, Patricia Chavarria, Officer Sheldon Day, Paul Dvorak, Richard Garza, Patricia Jennings, Maj. Johnny Lairsey, Ronald Lane, McDougald Chester, Johnny Nieto, Maj. John Parsons, James Payton, John Rodriguez, Wilbur Sirmons, Steve Sisk, Jeanne Smith, Juan Soto, Larry Taylor, David Tremble and Vincent Yuille

IMCOM-WEST Special Guardian Award

Jason (Cody) Oswald

Public Affairs

Special Awards

The Maj. Gen. Keith L. Ware Journalism Award-Installation Management Command West Honorable Mention for Tabloid Format Newspaper, was presented to Esther Garcia, Cheryl Harrison, Minnie Jones, Olivia Mendoza, Lori Newman, Phillip Reidinger and Elaine Wilson.

The Maj. Gen. Keith L.

Ware Journalism Award IMCOM West First Place for Contribution by Stringer (Writer) Military, was awarded to Sgt. Tim Luukkonen.

Elaine Wilson was awarded several categories within the Maj. Gen. Keith L. Ware Journalism Award competition IMCOM West-First Place-Stories Series; Second Place-Sports Article; Second Place-News Article; and Honorable Mention-Commentary.

DID YOU KNOW, from P7

Hospital began in 1908. The Station Hospital included the 84-bed hospital (expanded many times thereafter), nurses' quarters, barracks for the Hospital Corps enlisted men, family quarters for hospital stewards and a laboratory. With the construction of the new Station Hospital, the "old Station Hospital" was relegated to auxiliary medical functions at first and eventually to administrative functions.

Before the Station Hospital was built, Fort Sam Houston was served by the Post Hospital, located on the Lower Post (Staff Post) in Building 48. Building 48 was the first permanent structure to be used as a hospital at Fort Sam Houston. This 12-bed facility served the post until the major expansion of the garrison from 1905 to 1912, which made Fort Sam Houston the largest Army post and required a Station Hospital to serve the garrison. Building 48 served many roles, including barracks and headquarters before settling into its present role as distinguished visitors' quarters in the 1950s.

Before the Post Hospital was built, a temporary build-

ing was erected in what was then the northwest corner of the post. At the time, this was the area south of Cunningham Street and west of Pat's Grave. This hospital, sometimes described as a "log cabin hospital," was in fact a board-and-batten wood structure with a 12-bed capacity erected in 1879. It was replaced by the Post Hospital and was torn down. Near this site, the post's ammunition magazine, Building 2157, still stands.

So, if someone asks about "the old hospital," ask them if they mean "the old hospital" (Building 1000), the "old, old hospital" (Camp Travis Base Hospital), the "old, old, old hospital" (Station Hospital in the 2000 area), the "old, old, old, old hospital" (Building 48, the Sam Houston House) or the "old, old, old, old, old hospital," (temporary building where Building 2157 now stands).

Of course, they could also be referring to the hospitals the Army used before moving from downtown to Fort Sam Houston or to any of the field hospitals, evacuation hospitals, surgical hospitals or hospital centers which have served here.

(Source: Fort Sam Houston Museum)

News Leader survey online

Submit your feedback to help improve the News Leader. The survey is available online at <http://www.samhouston.army.mil/pao/default.html>. For more information, call 221-0615 or 221-1031.

Community service

Researchers work with students to study backpack safety

Members of the Army Research Laboratory-Human Research Engineering Directorate-Field Element at Fort Sam Houston take their research seriously, so seriously that they take time to pass it on to future generations.

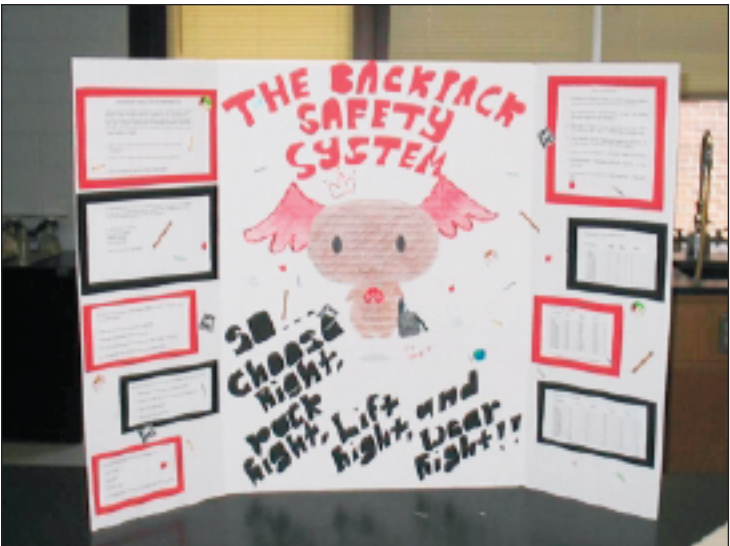
Three members of the ARL Field Element — Dr. Valerie Rice, Dr. Carita DeVilbiss and Conne Bazley — worked with eighth graders at St. Thomas More Catholic School in San Antonio during the school year. The focus was on involving the students in a research project that would be of benefit to the students and families attending the school. The topic was a familiar one to all students — backpacks.

“It’s important for children to understand research can be fun. It also helps kids bridge the gap between classroom learning and the real world,” said Dr. Valerie Rice,

chief of the ARL Field Element. “Even better, research can be used to help others and improve the world around us.”

The type of research conducted by the ARL Field Element lends itself well to classrooms. Their primary mission is to conduct research on human factors, also known as ergonomics. This means the study of people and the tools, technologies and environments they use. Armed with that knowledge, they then design products, environments or processes to match the capabilities and limitations of the individuals who use them.

First, they had to introduce the students to the ideas behind human factors and teach them about how to conduct research, collect and record data, and then schedule and supervise the data



Courtesy photo

Eighth graders from Saint Thomas More Elementary School use displays to present the results of their research on backpack safety at a parent-teacher conference.

collection. The actual data collection took place first thing in the morning, when students were arriving for school. The eighth graders interviewed other students

from kindergarten through seventh grade to find out who selected their backpack, what criteria they used to pick it, and whether they’d ever checked how much it

weighed.

Then, the eighth graders measured their height and weight and weighed their backpack.

“You really have to make sure you fill in every piece and keep track of things or you get to the end and find you don’t have all the information you need,” said one student of the research.

After all the data was collected, Rice, DeVilbiss and Bazley analyzed it and created a presentation of the results. At the same time, eighth grade teacher Joan Sousa taught students how to analyze some of the results themselves.

“I was surprised our school came out as well as it did,” said a student about the results, which showed that the majority of students carried packs that weighed less than 15 percent of their body weight.

After discussing results with the students, they worked together to decide how to bring the results of the research to the community. They decided to present the information to parents during a parent-teacher conference.

For the conference, they organized their presentations

See STUDY, P11

STUDY, from P10

so each group of students would focus on a specific topic. One presented the background research and the who, what and how of the study. Another group focused on the personal impact of carrying packs that are too heavy. A different group of students presented all the factors people need to think about when purchasing and carrying a pack, such as the straps and padding, the adjustments, and packing the heavier items closest to the body. Another group pointed out to parents how they could help by noticing changes in posture when their child is carrying a pack that is too heavy and helping their child clean

out or adjust their backpack. The next group covered safety issues, such as how to lift it to put it on.

They also presented their findings of what percentage of children were carrying a pack that is considered too heavy. The students made posters, fliers, question and answer quizzes for parents, and even stood on the stage and presented their information out loud to about 100 family members.

Their work will not stop there. The posters and presentations are being saved so they can be displayed in the hallways next year to help new students and their parents understand the importance of backpack safety.

Sousa said, “This helped the stu-

dents learn that there is a use for the things they do in the classroom ... normally, they want to put things in ‘boxes.’ They think once they have a class and a test that they are finished with a topic, but they are not. They need to be able to apply what they learn to what comes up in their lives.”

Sousa said she also thinks this experience helped students realize that science, to include physiology and anatomy, and math, are important in everyday life.

(Source: ARL Field Element)

Researchers from Fort Sam Houston worked with eighth grade students from Saint Thomas More Elementary School on a study of backpack safety.



Courtesy photo



WOULD YOU LIKE TO LIQUIDATE YOUR CREDIT CARD DEBT? IT CAN HAPPEN.

The Financial Readiness Program at Army Community Service offers this service. For more information, call 221-1612.



Courtesy photo

The Fort Sam Houston Army Career and Alumni Program staff and Freedom Team Salute personnel join together July 8 to salute retired Command Sgt. Maj. Herbert Nicholson (back row, center), South Texas ambassador for the FTS program. Nicholson was honored for his dedication and contribution in promoting awareness to Soldiers concerning the FTS program. Also pictured are (from left) Kat Harris, Sgt. Maj. John Strock, Barbara Foelber, Nicholson, Jenny Bickel, Kailin Merritt, Bill Zabicki and (kneeling, front) Russ Matthias.

ACAP, Freedom Team Salute thank 'tireless' worker

By Maria Gallegos
Army Career and Alumni Program

The Fort Sam Houston Army Career and Alumni Program center was visited by the Freedom Team Salute Program Headquarters ambassadors July 8 to recognize retired Command Sgt. Maj. Herbert Nicholson, South Texas ambassador for FTS, for his hard work and tireless efforts.

Nicholson was nominated by the ACAP staff for his devotion and perseverance in promoting awareness to Soldiers regarding the FTS program.

"It gives me joy and satisfaction knowing that a deserving person is being recognized and noticed with a pat on the back for their hard work and dependability. Best of all, it's all free," said Nicholson.

"His untiring efforts have solidified the program by stimulating recognition of our deserving veterans and wounded warrior popula-

tion," said Russ Matthias, contracting installation manager at Fort Sam Houston ACAP center.

The ACAP and FTS staff work together to recognize those who contribute in supporting the troops. The program gives all Army Soldiers the opportunity to distinguish parents, spouses and employers for the support they provide to Soldiers.

In the near future, two additional categories will be added to the list of eligible recipients, the spouse of a veteran and those who support Soldier programs, said FTS Deputy Program Principal Barbara Foelber. To nominate someone or learn more about this program, visit freedomteamsalute.army.mil.

ACAP provides a congressionally mandated pre-separation briefing for all service-members who served more than 180 days on active duty. For more information on ACAP services, call 221-1213 or visit www.acap.army.mil.

Problem solvers recognized



Courtesy photo

Coins were presented to Garrison and Installation Management Command West staff for their support of Brooke Army Medical Center's temporary parking space problem. BAMC will lose more than 2,200 parking spaces during construction and renovation of the hospital, which involves Base Realignment and Closure projects totaling \$771 million. The coins were also presented in gratitude for devising a solution for the location of new Warrior in Transition facilities. Pictured are (front row, from left) Brig. Gen. James Gilman, BAMC commander; Jon Low and James McGovern, IMCOM West logistics division; (back row, from left) Jerry Walters and Mike Hartman, Base Transformation Office; and James Graham, Directorate of Public Works.

AAFES employee honored



Courtesy photo

Stella Graham, food service worker, Army and Air Force Exchange Service, was recently honored with a Commander's Coin at the Fort Sam Houston Food Court by Air Force Brig. Gen. Francis Hendricks, vice commander, AAFES, Dallas. Graham was awarded the coin for more than 40 years of dedicated service and outstanding customer service. "Only a certain number of coins are set aside to be presented to associates worldwide by the commander, and she happened to be number two. It is quite an honor for her," said Mariena Hilton, office assistant, South Texas Exchange.

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Go to the Interactive Customer Evaluation Web site at
<http://ice.disa.mil>
and voice your opinion today.

Housing update

Pool Party Luau

Lincoln Military Housing will host a Pool Party Luau event today from 3:30 to 5:30 p.m. at the Watkins Terrace Community Center for residents from the Watkins Terrace, Wheaton Graham, Dickman, Gorgas Circle, Hancock, Infantry Post, Artillery Post and Staff Post housing areas. Hot dogs and drinks will be served.

Movie night

A movie night will be held Friday from 5 to 7 p.m. at the Harris Heights Community Center for Fort Sam Houston Family Housing residents residing in Harris Heights, Patch Chaffee and Marvin R. Wood. Popcorn and refreshments will be served. The movie may be shown outside, weather permitting, so residents should bring their lawn chairs. Reservations are required for the events. To reserve a seat, stop by the Harris Heights and Watkins Terrace Community Centers or the Housing Office in Building 367.

Vandalism

Lincoln Military Housing will issue a monetary award of up to \$200 to residents with information regarding the vandalism to the pools and the community centers that leads to an arrest or conviction.

Pool hours

The community center pools are open seven days a week from 10 a.m. to 8:30 p.m. for Fort Sam Houston Family Housing residents' use. Children must be at least 14 years old to use the pool without adult supervision; there are no life guards on duty at the community center pools. Residents are encouraged to read the Facilities Addendum at their community center for additional policies and rules. Lincoln Military Housing will check ID cards to verify residency and age.

For photos and upcoming activities, visit Lincoln Military Housing's interactive Web site at www.samhoustonlpc.com. For more information, call LMH at 270-7638.



Post flag football

Coaches and players are needed for the Fort Sam Houston flag football team. Tryouts will be held July 28 through Aug. 1 at 6 p.m. at Leadership Field. Coaches should send resumes by July 25 to Earl Young at 1212 Stanley Road, Ste. 20, Fort Sam Houston, TX 78234, or drop off at the Brigade Gym. For more information, call 221-3185 or e-mail earl.t.young@us.army.mil

Fall flag football

Letters of intent are due Aug. 1 and a coaches meeting will be held Aug. 1 at 1 p.m. at the Brigade Gym. Mail letters of intent to Earl Young at 1212 Stanley Road, Ste. 20, Fort Sam Houston, TX 78234, or drop off at the Brigade Gym. For more information, call 221-3185 or e-mail earl.t.young@us.army.mil

Fall softball

Letters of intent are due Aug. 1 and a coaches meeting will be held Aug. 4 at 1 p.m. at the Brigade Gym. Mail letters of intent to Earl Young at 1212 Stanley Road, Ste. 20, Fort Sam

Houston, TX 78234, or drop off at the Brigade Gym. For more information, call 221-3185 or e-mail earl.t.young@us.army.mil

Post soccer team

Coaches and players are needed for the Fort Sam Houston soccer team. Tryouts will be held Aug. 18 through 23 at 6 p.m. at Leadership Field. Coaches should send resumes by Aug. 15 to Earl Young at 1212 Stanley Road, Ste. 20, Fort Sam Houston, TX 78234, or drop off at the Brigade Gym. For more information, call 221-3185 or e-mail earl.t.young@us.army.mil

Men's basketball team

Coaches and players are needed for the Fort Sam Houston men's basketball team. Tryouts will be held Aug. 25 through 29 at 6:30 p.m. at the Jimmy Brought Fitness Center. Coaches should send resumes by Aug. 22 to Earl Young at 1212 Stanley Road, Ste. 20, Fort Sam Houston, TX 78234, or drop off at the Brigade Gym. For more information, call 221-3185 or e-mail earl.t.young@us.army.mil

Silver Stars honor troops at home game

Story and photo by Paul Kotchman
Morale, Welfare and Recreation
Marketing

The WNBA's San Antonio Silver Stars hosted a Military Appreciation Night July 11 at the AT&T Center.

The game festivities began with a presentation of the colors by the Joint Color Guard, followed by opening remarks from Air Force Col. Jacqueline Van Ovost, commander, 12th Flying Training Wing, Randolph Air Force Base.

The highlight of the festivities took place during the player introductions. Fort Sam Houston Better Opportunities for Single Soldiers representatives Spc. Scott Stahley, Pvt. Ritchie Sacheli, and Sgts. 1st Class Megan Grant, Rhonda Nimblette and Janice Barnett were each handed a game ball by a starting Silver Stars player as the starting line-up was announced. After the ball exchange, the BOSS representatives were able to keep the game ball.

The Silver Stars continued to honor their military fans with promotions and give-

aways throughout the game, which culminated with a 4th quarter rally from behind to defeat the Atlanta Dream 82-74.



Better Opportunities for Single Soldiers representatives (back row, from left) Pvt. Ritchie Sacheli, Sgt. 1st Class Janice Barnett, Sgt. 1st Class Rhonda Nimblette, (front row, from left) Spc. Scott Stahley and Sgt. 1st Class Megan Grant were each presented a game ball by a starting Silver Stars player as the starting line-up was announced.



Photo by Elaine Wilson

(From left) Col. Randall Anderson, incoming 32nd Medical Brigade commander; Maj. Gen. Russell Czerw, commanding general, Fort Sam Houston and Army Medical Department Center and School; outgoing brigade commander Col. John Cook; and Lt. Col. Scott Fischer (in front), commander of troops, inspect the troops during the change of command ceremony Friday at MacArthur Parade Field.

32ND MEDICAL, from P1

Sam Houston and Army Medical Department Center and School, described the command as an "enormous" task. "This brigade trains all enlisted and officer medical personnel to include our 68 Whiskeys, the combat medic, which is the second largest Military Occupational Specialty in the Army inventory today," he said.

Czerw had nothing but praise for Cook's service. "For the past two years, Col. Cook has led this brigade, and I can say to you John, you've done so brilliantly. Certainly your passion has influenced every aspect of this brigade."

Czerw highlighted several of Cook's accomplishments, to include the establishment of strategic planning conferences and his support of professional development.

Of particular note, he said, is the establishment of a "world-class brigade safety program, with a safety council and far-forward sick call program. This program helped to ensure zero training deaths and zero significant injuries over two years."

The results are "yet another indicator that this brigade had the training, health and welfare, and concerns of our Soldiers at the forefront," the general said.

TRANSITIONS

Czerw said Cook's work in training medical personnel will have long-lasting effects. "There will be Soldiers injured in the future saved by a combat medic who was trained by you. From the bottom of our hearts, thank you," he said.

While Cook is leaving the brigade, he won't be traveling far. He will assume the role of chief of staff, AMEDDC&S.

After relinquishing command, Cook thanked his wife, Evi, and his family and friends, and spoke warmly of the brigade's Soldiers, staff and cadre.

"Over the past two years, the cadre and staff of the 32nd Medical Brigade have worked non-stop to bridge the gap between past, present and future," Cook said. "I could regale you with concrete measures of the brigade's success over the past two years, but suffice it to say, we collectively succeeded, and I submit, exceeded in our mission."

"Our leaders understand the difference between forced disci-

pline and the epiphany of self-discipline can make the difference in victory on the battlefield and in life," he said.

Cook also expressed his confidence in the new commander's abilities. "Your reputation as a consummate professional proceeds you," he said to Anderson. "The brigade is indeed fortunate to gain a commander of your experience and leadership qualities."

Anderson, a former Academy Battalion commander, said he was excited by the opportunity to command one of the "premier" units.

"We are an Army at war and this brigade is filled with heroes who have volunteered to serve our country," he said. "Thank you for serving. I am honored to be a part of this brigade."

Anderson's most recent assignment was the director of the Military Vaccine Agency, Office of the Surgeon General. A Denver native, Anderson and his wife, Lt. Col. (Dr.) Kim Moran, have three children, Sam, Ben and Sydney.



In a change of command ceremony July 10 in front of the post's main flagpole, Sgt. Maj. Exerline Drumm, U.S. Army Dental Command, passes the colors to incoming commander, Col. M. Ted Wong, signifying a change of authority of the U.S. Army Dental Command. Maj. Gen. Russell Czerw, (left), commander, Fort Sam Houston and U. S. Army Medical Department Center and School and Col. Larry Hanson (right) also participated in the ceremony.

U.S. Dental Command welcomes new commander

Story and photo by Minnie Jones
Fort Sam Houston Public Information Office

The change of command ceremony transferring command of the U.S. Army Dental Command from Col. Larry Hanson to Col. M. Ted Wong was conducted July 10 at the post's main flagpole.

Maj. Gen. Russell Czerw, commander, Fort Sam Houston and U.S. Army Medical Department Center and School, officiated at the ceremony.

"For the past two years Col. Larry Hanson has lead this command brilliantly. Larry strove to ensure that the best dental support was provided to our Soldiers. He achieved this magnificently," said Czerw.

Czerw added that through Hanson's leadership he procured and introduced Cone Beam CT technology to many of the Army's dental activities. And that he continued with the implementation of digital radiography that allows reading of X-rays taken in Iraq or Afghanistan in almost any clinic in the United States in near real time.

"Larry, you've led the Dental

Command superbly and you have given of yourself – each minute of every day – ensuring the Soldiers in service of our nation ... receive the best dental care possible. Our Corps, our nation owes you a debt of gratitude – it has been a pleasure to work with you ...," said Czerw.

During his farewell speech, Hanson listed the accomplishments and positive changes within the Dental Command during his two-year tenure, for example, building a working relationship with the American Dental Assistants Association, and working to expand the face of Army dentistry through recruiting, retention and marketing.

Hanson, who served as the commander of DENCOM since July 2006, relinquishes his position to become the corps specific branch proponent officer for Army Dental Corps at AMEDDC&S, Fort Sam Houston.

Wong, a native of Southern California, comes to the Dental Command from Washington, D.C., where he served as the commander of both the North Atlantic

Regional Dental Command and Walter Reed Dental Activity.

Czerw welcomed the new DENCOM commander to Fort Sam Houston by highlighting Wong's impressive credentials and proven leadership qualities.

"Ted, with the help of the superb leadership that stands before us today, I know you will train and develop our Soldiers, and through them, care for all Soldiers across our Army. They are our nation's sons and daughters and we both know they are sacred. Their services will remain in great demand in this era of persistent conflict, and I know you will care for them," said Czerw.

In his acceptance speech Wong said, "It is a supreme honor and privilege to stand before you as the newest DENCOM commander and I am truly humbled. I look forward to standing shoulder to shoulder with the men and women of the Dental Command who will without a doubt respond effectively and continue to support the Army in meeting its core objectives of Sustaining, Preparing, Resetting and Transforming the Army."



Sgt. Maj. Exerline Drumm, who assumed responsibility of U.S. Army Dental Command, shakes the hand of outgoing Sgt. Maj. Richard Orona after the ceremony July 9 at the main post flagpole.

Drumm assumes responsibility of U.S. Army Dental Command

Story and photo by Olivia Mendoza
Fort Sam Houston Public Information Office

Sgt. Maj. Exerline Drumm assumed responsibility of the U.S. Army Dental Command July 9 in a morning ceremony at the main post flagpole.

Outgoing Sgt. Maj. Richard Orona served two years in the Dental Command and moves on to become the Army senior enlisted adviser for the Medical Education and Training Campus.

Col. Larry Hanson, commander, U.S. Army Dental Command, said, "It's a pleasure and an honor to welcome Sgt. Maj. Drumm to the command and I look forward to working with her."

As for filling the shoes of outgoing Orona, Drumm said, "I know and I recognize the challenges and the reality we as leaders and Soldiers face everyday. The War on Terrorism, Army Transformation and more has forced us to expect more from Soldiers, especially noncommissioned officers who have to be multitaskers."

Drumm addressed the crowd and the command by saying, "As your new sergeant major, the message that I will pass on to my enlisted seniors and all NCOs in Dental Command is Soldiers will look to their leaders for character and strength to always set the example and to always demand the same from others. They don't care where you came from or what school you attended; all they care is if you are capable and caring, and that is what I will demand."

In his parting words, Orona said he was thankful for the opportunity to be a part of the Dental Command team and said, "There is nothing like being in a position to make a difference in a Soldier's life."

DMRTI gains new commander

By Lt. Melody Fugazzotto
Defense Medical Readiness Training Institute

In a change of command ceremony in the historic Fort Sam Houston Quadrangle July 3, Air Force Col. Courtney Scott Jr. passed the colors to incoming commander Air Force Col. John Mitchell signifying the transfer of command of the Defense Medical Readiness Training Institute.

Maj. Gen. Russell Czerw, commanding general, Army Medical Department Center and School and Fort Sam Houston, presided over the mid-morning change of command against a backdrop of the famous clock tower and an audience representative of the three sister services, as well as numerous distinguished visitors, family and friends.

Scott, who has led the unique tri-service command for three years, is

retiring after 22 years of service in the U.S. Air Force Medical Corps. He and his wife, Susan, will relocate to Colorado where he will continue to practice medicine.

Czerw praised Scott's tenure at DMRTI, in particular the development of the world-class Tactical Simulator for Military Medicine, or TAC-SiMM, which is used during the Combat Casualty Care Course at Camp Bullis, as well as the increased popularity of the Joint Operational Medical Managers Course and the Homeland Security Medical Executives Course.

Mitchell accepted the unit colors from Scott, signifying his acceptance of authority over DMRTI. Mitchell comes to Fort Sam Houston after a year-long tour in Afghanistan as a command surgeon. A world-renowned pulmonologist and critical care physician, he brings a great combination of clinical, academic,



Photo by Ignacio Dondoyano Jr.

organizational and field experience to DMRTI's top leadership position.

While many audience members came from throughout the San Antonio military bases, a significant number had never witnessed a military change of command, let alone a tri-service ceremony in such a historical setting.

Since the DMRTI staff trains professional military medical department officers and enlisted from the

Air Force Col. John Mitchell passes the colors to ??? after accepting command of the Defense Medical Readiness Training Institute, which trains medical officers and enlisted from the active duty and reserve Army, Navy and Air Force.

active duty and reserve Army, Navy and Air Force; international militaries; and interagency civilian medical personnel, organizers maintained a tri-service theme throughout the ceremony, culminating with the Medical Command Band performing a medley of the Army, Navy and Air Force service songs.

For more information regarding DMRTI and its courses, visit <http://dmrti.us>.

Story and photo by Olivia Mendoza
Fort Sam Houston Public Information Office

After three years in command, Col. David Schuckebrook relinquished command of the U.S. Army Great Plains Regional Veterinary Command to Col. Erik Torring July 8 at the Army Community Service center.

Schuckebrook is reassigned to the Defense Commissary Agency Headquarters, Fort Lee, Va.

Schuckebrook might have to start all over again with another organization in making his mark, but he did leave behind a remarkable memory and accomplishments that made an indelible imprint upon the Veterinary Command with his contributions, professionalism and his dedication to duty, said Col. Debbie Vasut, chief of staff, U.S. Army Veterinary Command.

His excellent leadership steered his Soldiers and civilian staff to a



Col. Debbie Vasut, chief of staff, U.S. Army Veterinary Command, passes the unit colors to Col. Erik Torring signifying the assumption of command of U.S. Army Great Plains Regional Veterinary Command July 8 at the Army Community Service center.

purpose, pointed them in the right direction and gave them the right tools to accomplish the mission. Without his leadership the command would not be as successful today, Vasut said.

In his parting remarks, Schuckebrook gave the incoming U.S. Army Veterinary Command commander complimentary words, "I could not be prouder than to have Torring take my place; he is well qualified and edu-

cated. He will do great in the Veterinary Command."

Torrington is no stranger to the territory; this is his third time to be a part of either the Great Plains Region or its predecessor under the Health Services Command.

"It's truly an honor to assume the command of this great organization," said Torring. "I started out at Fort Sam Houston, and then I was in the Rocky Mountain district and was born and raised in

the Midwest so this region is very dear and near to my heart."

Vasut expressed her faith in the new commander by saying, "Col. Torring, I wish you the best as you assume command of the Great Plains Regional Veterinary Command. You have a great team out there and working together with your Soldiers and civilians, I have the utmost confidence you will meet the challenges of the future and continue to excel."

Torrington said he was looking forward to the challenge of command.

"Soldiers and civilian members of the Great Plains Region, I am excited to be your commander and looking forward to working with, and for each one of you," said Torring. "As we face challenges ahead, and we'll do so together as a team, we'll give 100 percent everyday we have the privilege to serve our nation ... the nation we serve deserves nothing less."

2007 Annual Drinking Water Quality Report

(Consumer Confidence Report)
FORT SAM HOUSTON • Phone: 210-221-0207

Where do we get our drinking water?

Our drinking water is obtained from GROUND water sources. It comes from the following Lake/River/Reservoir/Aquifer: EDWARDS AND ASSOCIATED LIMESTONES. A Source Water Susceptibility Assessment for your drinking water source(s) is currently being updated by the Texas Commission on Environmental Quality and will be provided to us this year. The report will describe the susceptibility and types of constituents that may come into contact with your drinking water source based on human activities and natural conditions. The information contained in the assessment will allow us to focus our source water protection strategies. For more information on source water assessments and protection efforts at our system, please contact us.

ALL drinking water may contain contaminants.

When drinking water meets federal standards there may not be any health based benefits to purchasing bottled water or point of use devices. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the EPA's Safe Drinking Water Hotline (1-800-426-4791).

Secondary Constituents

Many constituents (such as calcium, sodium, or iron) which are often found in drinking water, can cause taste, color, and odor problems. The taste and odor constituents are called secondary constituents and are regulated by the State of Texas, not the EPA. These constituents are not causes for health concern. Therefore, secondaries are not required to be reported in this document but they may greatly affect the appearance and taste of your water.

About The Following Pages

The pages that follow list all of the federally regulated or monitored contaminants which have been found in your drinking water. The U.S. EPA requires water systems to test for up to 97 contaminants.

DEFINITIONS

Maximum Contaminant Level (MCL)
The highest permissible level of a contaminant in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

Maximum Contaminant Level Goal (MCLG)
The level of a contaminant in drinking water below which there is no known or expected health risk. MCLGs allow for a margin of safety.

Maximum Residual Disinfectant Level (MRDL)
The highest level of disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

Maximum Residual Disinfectant Level Goal (MRDLG)
The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contamination.

Treatment Technique (TT)
A required process intended to reduce the level of a contaminant in drinking water.

Action Level (AL)
The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

ABBREVIATIONS
NTU - Nephelometric Turbidity Units
MFL - million fibers per liter (a measure of asbestos)
pCi/L - picocuries per liter (a measure of radioactivity)
ppm - parts per million, or milligrams per liter (mg/L)
ppb - parts per billion, or micrograms per liter (µg/L)
ppt - parts per trillion, or nanograms per liter
ppq - parts per quadrillion, or picograms per liter

Inorganic Contaminants									
Year or Range	Contaminant	Average Level	Minimum Level	Maximum Level	MCL	MCLG	Unit of Measure	Source of Contaminant	
2006-2007	Barium	0.077	0.048	0.106	2	2	ppm	Discharge of drilling wastes; discharge from metal refineries; erosion of natural deposits.	
2006-2007	Chromium	3.3	2.7	3.9	100	100	ppb	Discharge from steel and pulp mills; erosion of natural deposits.	
2006-2007	Fluoride	1.05	0.25	1.84	4	4	ppm	Erosion of natural deposits; water additive which promotes strong teeth; discharge from fertilizer and aluminum factories.	
2007	Nitrate	1.85	1.8	1.9	10	10	ppm	Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits.	
Organic Contaminants TESTING WAIVED, NOT REPORTED, OR NONE DETECTED									
Maximum Residual Disinfectant Level Systems must complete and submit disinfection data on the Disinfection Level Quarterly Operating Report (DLQOR). On the CCR report, the system must provide disinfectant type, minimum, maximum and average levels:									
Year	Disinfectant	Average Level	Minimum Level	Maximum Level	MRDL	MRDLG	Unit of Measure	Source of Chemical	
2007	Chlorine Residual Free	1.3	.80	2.02	4.0	<4.0	ppm	Disinfectant used to control microbes.	
Disinfection Byproducts									
Year	Contaminant	Average Level	Minimum Level	Maximum Level	MCL	Unit of Measure	Source of Contaminant		
2007	Total Trihalomethanes	2.1	0	6.1	80	ppb	Byproduct of drinking water disinfection.		
Unregulated Initial Distribution System Evaluation for Disinfection Byproducts WAIVED OR NOT YET SAMPLED									
Unregulated Contaminants NOT REPORTED OR NONE DETECTED									
Lead and Copper									
Year	Contaminant	The 90th Percentile	Number of Sites Exceeding Action Level	Action Level	Unit of Measure	Source of Contaminant			
2007	Lead	27.1	8	15	ppb	Corrosion of household plumbing systems; erosion of natural deposits.			
2007	Copper	0.366	0	1.3	ppm	Corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives.			

Required Additional Health Information for Lead
This system detected lead above the action level in more than 5.0% of homes sampled, but less than or equal to 10% of homes sampled; therefore, this information is required by EPA:
"If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. This water supply is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at <http://www.epa.gov/safewater/lead>."

Turbidity NOT REQUIRED

Total Coliform REPORTED MONTHLY TESTS FOUND NO COLIFORM BACTERIA.

Fecal Coliform REPORTED MONTHLY TESTS FOUND NO FECAL COLIFORM BACTERIA.

Secondary and Other Constituents Not Regulated (No associated adverse health effects)									
Year or Range	Constituent	Average Level	Minimum Level	Maximum Level	Secondary Limit	Unit of Measure	Source of Constituent		
2006-2007	Bicarbonate	197	196	198	NA	ppm	Corrosion of carbonate rocks such as limestone.		
2006-2007	Calcium	69.5	69.1	69.9	NA	ppm	Abundant naturally occurring element.		
2006-2007	Chloride	18	17	19	300	ppm	Abundant naturally occurring element; used in water purification; byproduct of oil field activity.		
2006-2007	Copper	0.033	0.011	0.054	1	ppm	Corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives.		
2006-2007	Hardness as CaMg	242	239	245	NA	ppm	Naturally occurring calcium and magnesium.		
2006-2007	Iron	0.139	0	0.317	.3	ppm	Erosion of natural deposits; iron or steel water delivery equipment or facilities.		
2006-2007	Lead	0.003	0.002	0.004	NA	ppm	Corrosion of household plumbing systems; erosion of natural deposits.		
2006-2007	Magnesium	16.7	16.2	17.1	NA	ppm	Abundant naturally occurring element.		
2006-2007	Manganese	0.0025	0	0.005	.05	ppm	Abundant naturally occurring element.		
2006-2007	Nickel	0.002	0.002	0.002	NA	ppm	Erosion of natural deposits.		
2006-2007	pH	7.8	7.3	7.9	>7.0	units	Measure of corrosivity of water.		
2006-2007	Sulfates	11	11	11	NA	ppm	Erosion of natural deposits; byproduct of oil field activity.		
2006-2007	Sulfate	15	14	16	300	ppm	Naturally occurring; common industrial byproduct; byproduct of oil field activity.		
2006-2007	Total Alkalinity as CaCO3	197	196	198	NA	ppm	Naturally occurring soluble mineral salts.		
2006-2007	Total Dissolved Solids	282	278	285	1000	ppm	Total dissolved mineral constituents in water.		
2006-2007	Zinc	0.343	0.024	0.661	5	ppm	Moderately abundant naturally occurring element; used in the metal industry.		

Use your head . . .

Children on post are required to wear safety helmets when riding a bike, skateboard or scooter.





Garage Sale

The next Post Garage Sale will be held Aug. 2 from 7 a.m. to 1 p.m. Participation is free, but sellers must pre-register. A valid Department of Defense ID card is required to participate. Participants may bring their own tables or rent them on-site from the Outdoor Equipment Center. Table rentals will be on a first-come, first-served basis as supplies last. The selling of firearms, animals, arts and crafts, or food and beverage items is not permissible. Location of the garage sale is yet to be determined. For more information or to register, call 221-5224 or visit www.fort-samhoustonmwr.com.

Dining and Entertainment

Coushatta Casino Resort Trip

The MWR Ticket Office and the Sam Houston Club will sponsor a trip to the

Coushatta Casino Resort in Kinder, La. The bus will depart from the Sam Houston Club Aug. 5 at 7 a.m. and return Aug. 6 at 10 p.m. The cost is \$49 per person and includes roundtrip motor coach transportation, overnight hotel accommodations, continental breakfast at hotel and one \$23 coupon from the casino. To attend, patrons must be at least 21 years old and have a valid photo ID on hand at all times. Make reservations at the ticket office by Aug. 1. For more information, call 226-1663 or 224-2721.

Hebrew National Fan-tastic Promotion

Fort Sam Houston MWR and Hebrew National are offering the Fan-tastic Summer promotion at Mulligan's at the Fort Sam Houston Golf Course and the Strike Zone at the Fort Sam Houston Bowling Center. Buy six Hebrew National hot dogs and get one free during the Fan-tastic Summer promotion now through July 31. Submit a completed frequency card at Mulligan's or Strike Zone for the Army-wide sweepstakes drawing to win a trip to watch the New York Yankees play in one of the last games in the old Yankees stadium. The trip includes four tickets behind home plate, airfare, lodging and spending cash. Other great prizes include his and her DreamSeat recliners, a 36-inch flat screen television, digital sports camcorder with 10x zoom, Xbox 360 with

ESPN baseball game, and a \$150 gift card from the www.mlb.com online shop. Visit www.mwrpromotions.com for official rules and regulations. For more information, call 221-2606.

MWR Ticket Office

Stop by the MWR Ticket Office for discounts on summer fun. The summer hours are Tuesday through Friday from 10 a.m. to 5 p.m., Saturday 10 a.m. to 2 p.m., closed Sunday and Monday. Come by for discount tickets on local and out of state locations. For more information, visit www.fortsamhoustonmwr.com or call 226-1663 or 224-2721.

Sam Houston Club Karaoke Fridays

The Sam Houston Club will offer free karaoke every Friday at 7 p.m. Practice vocals or just have fun with friends to celebrate the end of another long work week. For more information, call 224-2721.

Harlequin Dinner Theatre 'A Month of Sundays'

The Harlequin Dinner Theatre presents the comedy, "A Month of Sundays" by Bob Larbey through Aug. 9. Tickets are \$28 Wednesdays and Thursdays and \$31

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Fridays and Saturdays. The doors open at 6:15 p.m. for salad bar and cocktails, with a buffet from 6:30 to 7:30 p.m.; the show begins at 8 p.m. Military discounts are available. For more information or reservations, call 222-9694.

Auditions for 'The Sunshine Boys'

The Harlequin Dinner Theatre will hold open auditions July 28 and 29 from 7 to 8:30 p.m. for "The Sunshine Boys," a comedy by Neil Simon. William Champlin will be the director. There are roles for three men and two women, as well as other volunteers such as assistant director, stage manager, light and sound technicians, and props and stage crew. Performances will be held Wednesday through Saturday evenings Sept. 10 through Oct. 18. For more information or directions, call 222-9694.

Recreation and Leisure

2008 Military Long Drive Championship

The 2008 Military Long Drive Competition will be held at the Fort Sam Houston Golf Club Aug. 17. For more information, visit the Fort Sam Houston MWR Web site at www.fortsamhoustonmwr.com later this month or call 222-9386.

Summer Reading Club

Sea World San Antonio has teamed up with the Keith A. Campbell Memorial Library for the library's Summer Reading Club. Join the club between now and Aug. 3 for the chance to win prizes. Read for an hour and earn one prize; the more you read the more prizes you earn. The Sea World prize drawing will be held Aug. 3. For more information, call 221-4702 or 221-4387 or visit the Fort Sam Houston MWR Web site at www.fortsamhoustonmwr.com.

Child and Youth Services

SKIES

The Schools of Knowledge, Inspiration, Exploration and Skills offers instructional programs for youth in step and hip hop dance, hitting and pitching, martial arts, tennis and piano. Upcoming fall classes include: cooking, drivers' education, gymnastics (tumbling), tutoring, football and basketball camps, and drum lessons. For more information, call 221-4871 or 471-9548.

Central Registration

Central Registration is open Monday

through Friday from 8 a.m. to 5 p.m. in Building 2797. Walk-ins and appointments are welcome; patrons are seen after 4 p.m. by appointment only. To register for Child and Youth Services programs, patrons must provide a current shot record for students in kindergarten through fifth grade, two local emergency designees with addresses and telephone numbers, a health assessment/sport physical within the last year that is valid for the entire season, required Social Security numbers from all Family members, sponsor's Leave and Earnings Statement, spouse's W2 form, and activity fee. For more information, call 221-1723 or 221-4871.

Army Community Service

Resume writing, interviewing tips

Army Community Service Employment Readiness Program will hold a Resume Writing and Interviewing Tips Workshop July 23 from 12 to 2 p.m. at ACS, Building 2797. For more information or to register, call the Employment Readiness Program at 221-0516 or 221-2705.

Unit Trauma Training

A Unit Trauma Training will be held July 28 from 9 a.m. to 2 p.m. at Army Community Service, Building 2797. The intent of this training is to assist unit

leadership, Family Readiness Group leaders, Care Teams, casualty assistance officers, casualty notification officers, and community agencies in knowing how to help Soldiers, Families and the unit

when different trauma events occur. Register by close of business July 24. For more information or to register, call 221-2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

Women Encouraging Women Seminar

The Army Community Service Family Advocacy Program will hold a monthly

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Community

Events

D.A.V. Meeting

The Disabled American Veterans, Alamo Chapter #5 and Auxiliary Unit #5 meeting will be held July 19 at 10 a.m. at the Rolling Oaks Christian Church, 1750 Stahl Road by Loop 1604 at Nacogdoches Road behind Wal-Mart. For more information, call Cmdr. Albert Erazo at 657-7303 or Adjutant Duke Hendershot at 830-624-1949 or visit www.dav.alamo5.org.

Cloverleaf

Communicators Club

The Cloverleaf Communicators Club invites the community to a meeting July 17 from 11:45 a.m. to 1 p.m. at the Fort Sam Houston San Antonio Credit Union Branch Conference Room. The club has been on Fort Sam Houston since 1958 and is open to military, civilians and their Family members who are interested in developing and enhancing their leadership and communications skills. The club meets the first and third Thursday of every month. If you have to give brief-

ings or talk before groups, this is the organization for you. It has a training plan which can result in accreditation as an Effective, Proficient, Skilled, Accomplished or a Distinguished Communicator. For more information, call Shannon at 221-7943, Deborah at 221-6517 or visit www.powertalkinternational.com.

Warrant Officer

Association meeting

The Lone Star Silver Chapter of the U.S. Army Warrant Officer Association will meet July 21 at 7 p.m. at Chacho's & Chulucci's, 8614 Perrin Beitel Road (near Loop 410). All active duty, retired, Reserve, National Guard warrant officers and Family members of current or retired warrant officers are invited. For more information, call Juan Gomez at 295-6596 or e-mail juan.gomez@us.army.mil, or Jim Gonzales at 666-9818 or e-mail rgonzales879@satx.rr.com.

USO/WNBA Inspiring Women Essay Contest

The United Service Organizations is

teaming up with the Women's National Basketball Association to celebrate inspiring women in the military community who are making a difference. If there is an inspiring woman in your life who has accomplished great strides, enter the WNBA/USO Inspiring Women Essay Contest. Write what makes her an "Inspiring Woman" and why she deserves to be recognized, and she could be awarded a trip for two to the 2008 WNBA Inspiring Women Celebration July 30 in San Francisco. Nominees must be female military members or a spouse of a military member. The deadline is July 21. For more information and official rules, visit www.uso-wnba-inspiringwomen.com.

NCO Wives Club

The Fort Sam Houston Noncommissioned Officers' Wives Club invites all spouses to join them the first Tuesday of the month at 10 a.m. at the Sam Houston Club. New members are welcome. For more information, call Angie Luna at 333-0821 or 386-8265.

Freedom Alliance Scholarship

The Freedom Alliance Scholarship Fund is extending application submissions deadline through Aug. 1. To be eligible, applicants must be the son or

daughter of a U.S. Soldier, Sailor, Airman, Marine or Guardsman who has been killed or permanently disabled as a result of an operational mission or training accident, or who is currently classified as a Prisoner of War or Missing in Action. Students must be a high school senior, high school graduate or registered as a full-time undergraduate student and under age 26. For more information, call 1-800-475-6620 or visit www.fascholarship.com for application.

'Back To School' Essay Contest

The Army and Air Force Exchange Service is offering aspiring young writers an opportunity to win great prizes. The Back-To-School Essay Contest will give students in first through 12th grades the opportunity to submit an essay of 200 words or less on "What AAFES means to me and my family." The essay contest will run through Aug. 31. First place winners in each category will receive a computer; second place winners will be awarded a \$500 savings bond; and third place winners a \$200 savings bond. For more information, visit www.aafes.com under the Patriot Family Connection link.

Military wives spa day

The United Service Organizations invites all military wives of deployed

servicemembers for a spa day the third Sunday of each month at 1 p.m. at the USO San Antonio Downtown Community Center, 420 E. Commerce Street. Treat yourself to an afternoon of pampering and relaxation. Enjoy complimentary mini-facials and chair massages. Volunteers will care for children during the visit. For more information, call Julie Dahlberg at 227-9373, ext. 12 or e-mail JDahlberg@AlamoUSO.org.

Operation Reunion

Operation Reunion is offering free educational sessions to help adults and children cope with new Family dynamics following a visible or non-visible war-related injury suffered from Operations Iraqi and Enduring Freedom. Funded through the Texas Resources for Iraq-Afghanistan Deployment by the San Antonio Area Foundation, spouses, ex-spouses, caregivers and children of U.S. military members ages 8 to 13 are invited to attend three, two-hour sessions. Summer sessions are held at Cole Middle School Tuesdays from 11 a.m. to 1 p.m. and 4:30 to 6:30 p.m. and Thursdays from 11 a.m. to 1 p.m. and 4 to 6 p.m. For more information or to register, call Elizabeth Anderson at 299-8139, ext. 318 or e-mail eanderson@chcsbc.org, or call DeVane Williams at 299-8139, ext. 261 or e-mail dwilliams@chcsbc.org.

Texas Military Forces Museum

The Texas Military Forces Museum is proud to recount incredible acts of heroism by presenting "The Lost Battalion, A Study in Courage" July 18 and 19 at the Texas Military Forces Museum at Camp Mabry. Opening ceremonies for the event will commence July 18 at 11 a.m. followed by the unveiling of the battlefield artifacts from the Vosges. Admission is free to the public. On July 19, the symposium will begin at 9 a.m. in Building 8 on Camp Mabry and will feature noted authors, pilots and Soldiers from the famous battle. Ticket cost is \$10. For more information, call 512-782-5050 or visit www.TexasMilitaryForcesMuseum.org.

Here's to the Heroes

Anheuser-Busch is honored to salute the men and women of our armed forces and their Families. Throughout 2008, members of the military and as many as three direct dependents may enter any one of

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Religion



Vacation Bible School

The Fort Sam Houston Chapel community will hold its annual Vacation Bible School Aug. 4 to 8. Power Lab! Discovering Jesus' Miraculous Power, will be held every evening from 5:30 to 8:30 p.m. at Dodd Field Chapel. This amazing, incredible, wacky adventure is for children pre-K through fifth grade. Online registration will begin July 16 at www.samhouston.army.mil/chaplain. For more information, call Brian Merry at 221-5006.

COMMUNITY, from P22

Anheuser-Busch's SeaWorld, Busch Gardens or Sesame Place parks with a single-day complimentary admission. For more information or to register, visit <http://www.herosalute.com>.

2008 Annual SAMM Conference

The Sexual Assault Medical Management Conference will be held Aug. 17 to 21 at the Doubletree Hotel in San Antonio. The conference is designed for designated military treatment facility sexual assault care coordinators and sexual assault clinical providers who support Soldier readiness through the multidisciplinary approach to sexual assault care and medico-legal process. For registration forms, e-mail Jennie.A.Johnson@amedd.army.mil. For more information, call Wanda Hubert at 221-7103.

Training

Enterprise Web Training

Enterprise Web-Army Medical Department Electronic Forms Support

System training will be held in Building 2841, Willis Hall on the following days:

Aug 4, from 8 to 11 a.m. and 12:30 to 4 p.m. in Room 2105C.
Aug 5, from 8 to 11 a.m. and 12:30 to 4 p.m. in Room 2105C.
Aug 7, from 8 to 11 a.m. and 12:30 to 4 p.m. in Room 2105C.
Aug 13, from 8 to 11 a.m. and 12:30 to 4 p.m. in Room 2105B.
Aug 14, from 8 to 11 a.m. in Room 2105B.
Aug 27, from 8 to 11 a.m. and 12:30 to 4 p.m. in Room 2105C.

Seating is limited and attendees

must bring their common access card to training. For more information or reservation, call Julie at 221-6203.

AKO Training

There will be a hands-on training on Army Knowledge Online Aug. 26 from 8 to 11:30 a.m. and Aug 28 from 12:30 to 4:30 p.m. at Willis Hall, Building 2841, Room 2105C. Forms in AKO Forms Management Content Program training will include AKO Hands-on training pre-requisite, leave form templates, uploading local forms from the Army Medical Department server, renaming forms, digital signatures, sending a form as an original,

locating additional computer basic training within AKO and much more. Seats are limited in each classroom and individuals must bring common access card for training. For more information, call 221-6203; to register for training and reserve a seat in training, e-mail Julie.Gueller@amedd.army.mil.

Volunteer

Volunteers needed

The Red Cross is seeking volunteers to help with filing, mail outs, caremobile drivers and other areas. For more information, call 221-3355 or stop by Building 2650.

For Sale Fort Freebies

For Sale: Programmable Honeywell digistat thermostat, for home A/C, \$30. Call 221-3549.

For Sale: Three-drawer dresser with mirror, \$75; queen comforter with matching drapes, \$25; kitchen items, canister set, dinner ware and measuring cups, \$1 up to \$25; General Electric cordless phone, 2.4 GHZ, \$5; ladies semi-formals and two-piece suits, \$25.

Call 826-0882 or 542-3283.

For Sale: Razor scooter, pink, seats two, \$125. Call 464-6761.

For Sale: 1997 Dodge Grand Caravan ES, 52K, DVD, seven passenger, A/C, new tires, new ceramic brakes, \$7,800 obo; 2003 Toyota Corolla S, 77K, \$14,500. Call 621-3237.

For Sale: Monterrey furniture, rus-

Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is close of business Friday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate ads will not be published. To submit a Fort Freebie, e-mail news.leader@conus.army.mil or fax to 221-1198. Freebies run for one week unless submitter calls to renew. Limit of five items per entry. For more information, call 221-0546.

tic kitchen table with four chairs, 48 inches wide by 36 inches long, \$450; ceiling fan with light fixture, 42es inch, \$25; Pentair pool cleaner for in ground pool, \$300. Call 697-9261 or 363-4056.

For Sale: Overstuffed khaki sofa, chair and loveseat, coffee table and two end tables with storage basket, \$500. Call 462-1334 or 589-4200.

For Sale: Electrical wheelchair, Jet 1 PRDE, \$700. Call 662-8767.

For Sale: Pet sliding door insert for small/medium pets, \$80; Fisher Price safety lock door, baby gate, \$25; Ann Taylor, Liz Claiborne clothing, sizes 6 to 8, \$5 to \$20; top brand name shoes, size 6, \$10. Call Brenda 829-8235.

For Sale: Chain link fence, 4 feet tall by 140 feet long, include gate, poles and rings, rolled up and ready for pickup, \$250; large area carpet, tan, good condition, \$30; twin bunk board, for bunk beds, \$20; various home school books, Abeka and Switched-On Schoolhouse, eighth and 12th grades,

excellent condition. Call 748-9921.

For Sale: Step 2 play center with slide, good condition, \$100; twin captain's bed with three drawers and bookcase headboard, one drawer broken; \$90. Call 379-5807.

For Sale: Dunbar piano, \$600 obo; three-drawer filing cabinet, metal, \$15; nail station, \$60; single complete bed set, \$175; Spa chair, \$350. Call Sandy at 241-1291.

Moving Sale: July 19 and 20 at 14818 Mountainside Ridge, 78233. PT uniforms, exercise equipment, furniture, toys, electronics, housewares, lawn maintenance equipment and Christmas inflatables.

MWR, from P21

Women Encouraging Women Seminar July 22 from 12 to 1 p.m. at ACS, Building 2797. The first topic of discussion will deal with the expectations of perfection. The seminars are designed to address a variety of topics that include women's self-esteem, the power of words, and developing an assertive and positive self-image. Register early and plan to bring a

lunch. For more information or to register, call 221-0349 or 221-0600.

Army Family Team Building

Army Family Team Building classes are offered on a quarterly basis. The AFTB summer schedule is as follows: AFTB Level One class - July 22 and 23 from 9 a.m. to 2 p.m., and Aug. 4 and 5 from 9 a.m. to 2 p.m.; and Level III - Sept. 8 to 11 from 3:30 to 9 p.m.; and AFTB instructor training - Aug. 18 to 20 from 9:30 a.m. to 3 p.m. A student spouse orientation is also offered each month, with an opportunity to sign up for Level I classes and work with Family Readiness Groups to teach classes. The classes are held at Army Community Service, Building 2797. The classes are open to active and Reserve Soldiers, Family members, and civilian employees and their Family members. AFTB encourages the Army Family to learn about Army life. For more information or to register, call the AFTB Program at 221-2705 or e-mail emmy.elliott@conus.army.mil.

Financial readiness classes

The following financial readiness classes will be held: Understanding your Credit Report on July 17 from 2 to 4 p.m., Identity Theft on July 22 from 2 to 4 p.m., mandatory First Term Financial Readiness on July 23 from 9 to 11 a.m., and Personal Financial Management on July 24 from 2 to 4 p.m. at Army Community Service, Building 2797, Stanley Road. For more information, call 221-2705.